<dryingMethod>https://www.dryingallfoods.com/dehydrating-avocado/</dryingMethod>

<canningUrl>http://www.homepreservingbible.com/2724-avocado-preserving-methods/</canningUrl>

<freezingUrl>https://nchfp.uga.edu/how/freeze/avocado.html</freezingUrl>